

# Doctor discussion guide



NUCALA is an add-on, prescription maintenance treatment for patients 6 and older with severe eosinophilic asthma. NUCALA is not used to treat sudden breathing problems.

Doctor's visit scheduled? Check. Now, it's time to prep. Below are some important questions to ask about your severe asthma and how NUCALA may be able to help.



**PRO-TIP:** Print out this guide, add your own questions, and bring it along to keep track!

## Some key questions to ask

What are eosinophils? Can they affect my severe asthma?

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A blood test that measures eosinophils can help show if NUCALA is an option for certain types of asthma. Am I eligible for this blood test?

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Is NUCALA an appropriate treatment option for my severe asthma?

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How is NUCALA different from my other asthma medications?

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Will taking NUCALA change the dose or how often I take my other asthma medications?

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## Important Safety Information

**Do not use NUCALA** if you are allergic to mepolizumab or any of the ingredients in NUCALA. Do not use to treat sudden breathing problems.

**Please see additional Important Safety Information on next page.**

**Please see full Prescribing Information, including Patient Information, for NUCALA available at [NUCALA.com](http://NUCALA.com).**

What can I expect when I start taking NUCALA?

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Anything else? Jot it down here:

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## Important Safety Information (cont'd)

### NUCALA can cause serious side effects, including:

- **allergic (hypersensitivity) reactions, including anaphylaxis.** Serious allergic reactions can happen after you get your NUCALA injection. Allergic reactions can sometimes happen hours or days after you get a dose of NUCALA. Tell your healthcare provider or get emergency help right away if you have any of the following symptoms of an allergic reaction:
  - swelling of your face, mouth, and tongue
  - breathing problems
  - fainting, dizziness, feeling lightheaded (low blood pressure)
  - rash
  - hives
- **Herpes zoster infections** that can cause shingles have happened in people who received NUCALA.

### Before receiving NUCALA, tell your healthcare provider about all of your medical conditions, including if you:

- are taking oral or inhaled corticosteroid medicines. **Do not** stop taking your other asthma medicines, including your corticosteroid medicines, unless instructed by your healthcare provider because this may cause other symptoms to come back.
- have a parasitic (helminth) infection.
- are pregnant or plan to become pregnant. It is not known if NUCALA may harm your unborn baby.
  - A pregnancy registry for women who receive NUCALA while pregnant collects information about the health of you and your baby. You can talk to your healthcare provider about how to take part in this registry or you can get more information and register by calling 1-877-311-8972 or visit [www.mothersbaby.org/asthma](http://www.mothersbaby.org/asthma).
- are breastfeeding or plan to breastfeed. You and your healthcare provider should decide if you will use NUCALA and breastfeed. You should not do both without talking with your healthcare provider first.
- are taking prescription and over-the-counter medicines, vitamins, and herbal supplements.

**The most common side effects of NUCALA include:** headache, injection site reactions (pain, redness, swelling, itching, or a burning feeling at the injection site), back pain, and tiredness (fatigue).

**Please see additional Important Safety Information on previous page.**

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You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

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**Nucala**   
(mepolizumab)  
Injection 100 mg/mL